

ITEMS OF INTEREST

*A Monthly Newsletter for Leadership Institute of Seattle
Alumni, Faculty, Students, Staff and Friends*



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Shelley Drogin
President, LIOS

Kathleen Murphy
Editor

Margie Bloch
Designer

Lorelette Knowles
Proofreader

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ITEMS OF INTEREST
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Send all submissions to
liosinfo@lios.org. Monthly
deadlines are published on
last page of each issue.

LIOS / SAYBROOK
4010 Lake Washington Blvd.
Kirkland, WA 98033
Phone: 425-968-3400
Toll Free: 1.800.789.5467
Fax: 425.968.3406

See page 18 for directions
to LIOS' new office space.



LIOS SYMPOSIUM A GREAT SUCCESS! THE HUNGER FOR WHOLENESS THE QUEST FOR LEADERSHIP INTEGRITY

On the evening of June 18, an enthusiastic group of LIOS alums, prospective students, and other members of the community at large gathered to hear LIOS faculty Timothy Weber, Ph.D., speak on integrity and its connection to a life of health and wholeness. For those who missed this exciting and informative symposium—the first in a planned series—we'd like to share some of the extremely positive responses the presentation inspired. Hope to see you next time!

“Loved the involvement and the energy within the room....
I feel awakened.”

“Strong presentation...universal application.”

“A great experience...above and beyond my expectations....so much looking forward
to more contact with LIOS in the future.”

“Very engaging, with a diversity of knowledge (literary, psychology, anecdotal, etc.)”

“Great job...expanded concept of integrity for me.”

“The speaker was engaging, refreshingly personal and honest, and very good at
addressing both the goals of the session and conducting a mini-session.”

“It was awesome!...Dr. Weber is fantastic!”

“Very inspiring.”

“Thorough and insightful.”

“Exceeded expectations...actually really terrific stuff!”

“Dr. Weber is a great leader, offering insight and encouraging introspection.”

“I am so grateful for the outstanding education I received at LIOS...Dr. Weber's
talk was an excellent reminder.”

Special thanks to all the LIOS alums who helped to make this event a success by encouraging
colleagues and friends to attend. *We'd like to ask for your help again*—please invite potential
LIOS students to attend our upcoming LIOS Information Session on

Thursday, August 13, from 6:30 to 8:30 pm

**TASTE OF LIOS:
INFORMATION SESSIONS FOR PROSPECTIVE STUDENTS**
(Read more on page 2)

LIOS promotes healthy, just and sustainable human systems by educating people to live and lead with integrity.

You've heard about LIOS's unique graduate and professional training programs from friends, co-workers and alumni. You've seen LIOS featured at university and college fairs and in career placement materials, in your internet research and elsewhere. Now, check us out for yourself. Explore whether LIOS is right for you. Join us for a Taste of LIOS Information Session to find out everything you ever wanted to know about the LIOS learning experience.

The LIOS curriculum is informed by the fundamental belief that all individuals have the capacity to become effective leaders, whatever their responsibilities, title or work environment. LIOS learning is achieved through experiential education, designed for all individuals who wish to become counselors, coaches or consultants or to learn advanced leadership skills. At Taste of LIOS, our faculty will introduce you to LIOS's core curriculum through a demonstration of experiential education in action.

At Taste of LIOS, you will meet and talk with the LIOS Director of Admissions, the President/Dean of LIOS and LIOS faculty members—each of whom will shed light on the ways in which our educational model differs from the traditional classroom experience. You will see for yourself why LIOS's core values are Excellence, Integrity and Transformation. The experiential segment of the program is both informative and fun. You will have the opportunity to view a part of the LIOS curriculum in action, then discuss, ponder, revisit, share and reflect on it. You will see how the LIOS learning experience fosters both personal growth and professional development. Taste of LIOS concludes with an opportunity to ask questions and get in-depth answers from a panel of faculty, staff, alumni and current students.

Location: LIOS Offices

Please RSVP at 425.968.3400

WE'RE TURNING 40!!



This fall we will celebrate LIOS' 40th year of educational excellence! Please join us for an evening devoted to honoring our illustrious history and ensuring a prosperous future!

A Saturday night fundraiser is planned, as well as a family day on Sunday. More details, including the specific dates* of our anniversary party will follow shortly. This is sure to be an unforgettable occasion—so be sure you don't miss this chance to reunite with old friends and colleagues. For information on how you can help make this event a success, please contact Connie Shulman (cshulman@lios.org; 425-968-3403) or Pam Raphael (pamraphael@hotmail.com; 206-285-0610).

**Please remove the previously announced dates September 26-27 from your calendar.*

CALL FOR SILENT AUCTION ITEMS

For our 40th anniversary fundraiser, we'd like to have a silent auction, so please let us know if you would like to donate any big-ticket auction items. Contact Leah Swearingner (lswearingner; 425-968-3402) for more information or to arrange a donation. Check in with Leah if you would like to step up as an enthusiastic co-chair for the silent auction committee!

June 23, 2009



Dear Colleagues, Dear Friends,

It is with a sweet tenderness that I write this letter to you. Today I spoke with Shelley and with Diane, letting them both know that I am truly leaving LIOS. I have thought long and hard about this decision. And even though it is the very best work that I have ever undertaken, I know in my heart that it is time to move on.

When I visited the final fall module a couple of weeks ago and then again yesterday, at graduation, I was profoundly reminded of the truly transformative nature of our program. During the two years that students entrust us with their learning they grow so enormously: in their self-confidence, their presence, their character, their skill and their knowledge. They stand taller, speak with greater resonance, meet the world with more openness and curiosity and exude a larger strength and joy within. Yesterday, they each, and all, looked positively radiant.

I feel humble and deeply privileged to have been a part of such an endeavor. In addition, I feel a similar sense of awe and gratitude for my associations and friendships with each of you. I may never again be among such a stellar cast. I used to tell the first year students that each faculty member had amazing gifts to bring to their learning, gifts to be unwrapped, some slowly and meticulously, some with one quick tear. Each student must find her or his own way to open to what we have to bring – and by God, they somehow do. And we do too. We have come to accept and celebrate each other's brilliance, and tolerate each other's foibles, which I think speaks legions to our growth as a faculty. In my earlier years it seemed we were much more divided or perhaps it was me who was more protected (Ah, reality! Always co-created. I suppose I can rest in the idea that it was some of both).

I wish you each well: good health, happiness and especially the time to nourish your self in whatever form that may take. As for me, well... I wrote Diane a card not long ago and included this quote by Thomas Wolfe from his novel entitled *You Can't Go Home Again*.

...To leave the place you know for greater knowing; to lose the life you have for greater life; to leave the friends you loved for greater loving; to find a land more kind than home, more large than earth.

Please stay in touch. I will do the same. For now I am farming; eventually I believe I will head back to school. Regardless, I feel so very grateful for my years at LIOS, for our good work together, for the gift of this life. May you be richly blessed.

Love,
Catherine Johnson

Take advantage of a final opportunity to study at LIOS with Catherine. See page 7 for details about Skill Group Intensive, a leadership training workshop offered on July 17-19. To register, call 425-968-3400.

REFLECTION

"What happens to one affects us all"

"I have learned via community that we need the support of a community"

"Even a word of encouragement is all some one needs... sometimes more"

Launching fear

possibilities that reside in the unknown

peace, joy brilliance, teach & be taught

to learn live & enjoy

to learn live & enjoy

accept to discover & express

kick ass personally & professionally

cultivate & cultivate

open to matters of the heart

follow my heart into the unknown!

graduate on time

PASS THE BOL AND THE TRADITION!

RICH SUSTAINED PERLINGS

BOX OF INTENTIONS

SAGE & STRONG WISDOM

Beautiful Goodness

Apprentive Playfulness

Strong Compassion

Creativity that is "in toxicable"

Warm & Graceful

SAFE COMPANION

WARM MAGNANIMOUS

HONEST

LOVING HUMILITY

SHAMAN

BEAUTIFUL GRACE

YOU ARE SO WONDERFUL I AM GOING TO LIVE WITH YOU!

"Be our Guest! The learning here is never 2nd best!"

"Be our Guest! We have some models to suggest! for any I-Groups"

Through Love you are Love

el hite

Playfulness & Compassion

DIANE SCHACKER

TIM WEBER

SHEREVE ZOLNO

CHERYL CEBULA

JEFF McAULIFFE

ANGELA POWELL

ALEX ONNO

STRENGTH BRILLIANCE HUMOR

NERF

BOOTS

OFF GENTLE KICKS TO MY FUTURE

Enlighten Skills Inquisitive Grace Natural

Open Heart Direct

And now we're done! Prop your feet up!

"Be our guest" "Be our guest" "Be our Guest!"

The earth was able to continue to nourishing rhythm of us

met the farmers hands... hold true ground

nature restores our mind

CONNECTION

our loving deep

this is our gift

Catherine Johnson

mark the farmers hands... hold true ground

us nature restores our mind

CAROL JAKUS

RIMS CLARK

MARK GOODMAN

PHYL KEM RISS

BILL BEASWELL

PAM JOHN

MARY BETH

LEAH

HOME

and let's remember the people who wait on us time after time after time!

Last LIOS/Bastyr graduating class commissions striking "graphic design mural" from artist Stephen Wright

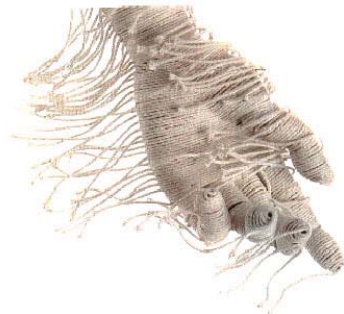
(Read story on page 6)

LIOS ARTWORK

(continued from pages 4-5)

As LIOS enters into its new affiliation with Saybrook, a new horizon of opportunities opens; but also with this transition comes the closing of a chapter in our illustrious history. On June 22nd, the last graduating class of LIOS/Bastyr students walked across the Benaroya stage to receive their diplomas. To commemorate this occasion and to celebrate the history that precedes us, the 2009 graduating class presented LIOS staff, faculty and future students with an artistic display to represent this ever-continuing journey.

The students commissioned artist Steven Wright, of Wright Marks, to craft a “graphic recording” of their closing session. The vibrant result, which now hangs in LIOS’ new office space, depicts the values on which LIOS was founded and the class’s hopes for our future with Saybrook. Also referenced in this art piece are the key individuals who embodied LIOS’ rich past and those who are moving with LIOS into this next exciting stage. Please check out the display when you visit our new offices!



The Fall 2009 graduating class is gifting Bastyr University with personalized pavers inscribed with the following sentiment:

*The Path to Leadership and Healing
Is Built in Community*

*From 1992-2009 Bastyr University
Held That Community For Us Within These
Grounds*

*With Gratitude
From the Leadership Institute of Seattle
Graduating Class of 2009*



CALENDAR OF EVENTS AND WORKSHOPS

Leadership Institute of Seattle / Saybrook Graduate School and Research Center has relocated from Bastyr University campus to 4010 Lake Washington Blvd., Suite 300, Kirkland, WA 98033.

Unless otherwise noted, LIOS workshops will be held at this location.

WORKSHOPS

**Skill Group Intensive
Friday-Sunday, July 17-19, 2009**

**Interact: Quality Workplace Relations
Monday-Friday, October 21-23, 2009**

**TASTE OF LIOS
August 13th: 6:30 – 8:30pm LIOS Offices**

**LIOS 40TH ANNIVERSARY CELEBRATION
(see page 2 for details)**

LIOS TRAININGS AND WORKSHOPS

SKILL GROUP INTENSIVE Leadership Training Workshop with Catherine Johnson

Gertrude Stein once said that nobody real is boring. Skill Group, more than any other modality I have experienced, calls forth the genuine self. When we are courageous enough to answer, all manner of things are possible. — Catherine Johnson

Skill Group Intensive provides an opportunity for those who have already acquired advanced leadership skills in LIOS educational settings* to engage deeply with other professionals within an extended learning experience. In this workshop, you can expect significant cognitive and behavioral breakthroughs in one or more of the following areas: self-awareness, interpersonal effectiveness, group process and systems thinking, leadership and collaboration.

*Open only to currently enrolled LIOS students, alumni of graduate and undergraduate LIOS programs, and graduates of other LIOS professional leadership training programs (InterAct, InterAct Advanced, Results-Focused Communication, High Performance Teams, etc.).

INSTRUCTOR

An outstanding educator, Catherine Johnson (B.A., Evergreen State College; M.A., Applied Behavioral

Science, LIOS/City University) has been teaching and leading groups for over 25 years. She has served as Core faculty member at Leadership Institute of Seattle (LIOS) and Interim Chair of the Psychology Department at Bastyr University.

Catherine has worked as an organizational consultant assisting individuals and organizations to recreate their work in meaningful and productive ways. With an extensive background in outdoor adventure-programming and wilderness-guiding, she is committed to the sustainability, health and well-being of the natural world.

As a writer, Catherine engages her readers with stories that open the heart and nourish the spirit. She is currently at work on a number of essays as well as a memoir.

When: Friday, July 17 – Sunday, July 19 (half day)

Time: Friday & Saturday 9:00 AM – 4:45 PM; Sunday 9:00 AM – noon

Cost: \$695 (LIOS alumni and current students receive a 15% discount)

Note: Skill Group Intensive is limited to 10 minimum, 20 maximum

Location: Suite 300, 4010 Lake Washington Blvd., Kirkland, WA

To register or for further information, phone 425-968-3400.

LIOS ALUMNI NEWS AND VIEWS



Thirty-nine Students Earned Master of Arts in Applied Behavioral Science from LIOS at Bastyr University in June 2009

One of 39 students who graduated from LIOS/Bastyr this June, **Leah Konig** testified. "I'm thrilled to achieve my Masters from LIOS and Bastyr University. The LIOS program is highly experiential and focuses on training students in the theories of Carl Rogers. This means my training enables me to bring a deep level of compassion, a non-judgmental approach and a positive viewpoint to my work with clients."

Ms. Koenig joins Collaborative Couples & Family Counseling, LLC, as a Parent Coach, family therapist and Love and Logic facilitator. She can be contacted at www.securelove.net.

"I look forward to expanding my work with parents who want to fulfill their dream of a joyful family life," Ms. Koenig says. "Focusing on each parent's strengths, we work together to tease out their family vision and build a road map to get there."

Laura Allan
LIOS, MA, SC, 2008

Live. Learn. Grow.

www.lauraallancounseling.com

Announcing Laura Allan Counseling and Coaching opening near Green Lake in July, 2009!

My full time counseling and coaching practice will be open for business the week of July 13, 2009. In addition to counseling and psychotherapy services, I will also be offering personal and professional coaching.

Some of my areas of specialty include:

- Couples
- Emotional Eating
- Life Transitions
- Career Enhancement
- Women's Issues
- Personal Growth

Located just south of Green Lake, parking is free and plentiful. Early morning and evening appointments are available, in addition to daytime hours.

Allow me to help you find solutions, identify possibilities, develop new skills, and deepen your connection to yourself and others. We will work together, though an interactive problem-solving process, which will focus on your inner strengths and ability to successfully master life's challenges.

Your initial 45 minutes consultation is free!

Please call me or visit my web site for more information:
www.lauraallancounseling.com.

Sincerely,
Laura Longley Allan
206-999-1192



4444 Woodland Park Ave. N.,
Suite 202
Seattle, WA 98102

206-999-1192
laura@lauraallancounseling.com
www.lauraallancounseling.com

[JOIN OUR MAILING LIST](#)

LIOS Alum Morgan Randall Writes:

You may ask why a mental health counselor points so often to food. The answer is simple. Until she disciplined herself to avoid processed foods (sic), her mental outlook was not healthy. That's not to say that all people who live on processed foods are disturbed, only that it's harder to have a healthy mind if you're attempting to live on sub-nutritious marketable commodities than real food.

The latest post on my blog contains a pitch for the movie "Food, Inc." But as the author says, "Beware, you may rush out and start gardening. Hint: ammonia-washed hamburger meat...."

Check out this and other informative articles on the blog at <http://www.bodymindcounseling.com>, and please have a restful and healthy summer.

P. Morgan Randall MA
mental health & relational counseling ~
therapeutic consultation, executive & life coaching Eastsound Village on Orcas Island (360.376.5552)
Mount Vernon near Skagit Valley Hospital (360.419.7043)
Toll-free 888.376.5508 www.BodymindCounseling.com
morgan@bodymindcounseling.com

NEW OPPORTUNITY FOR LIOS ALUMS TO SPOTLIGHT THEIR PRACTICES AND PROFESSIONAL ACTIVITIES IN ITEMS OF INTEREST

Sign up for the Alumni Referral Directory for \$50, and we will print a brief professional paragraph and business card in *one* issue of *Items of Interest*, LIOS' monthly newsletter. Join for \$100 and we will feature a small advertisement (approximately 3 X 6 inches) in 12 issues of *Items of Interest*. LIOS' newsletter is emailed to alumni, faculty, students and the many colleagues and organizations that comprise the Institute's diverse constituency. Each issue of *Items of Interest* also appears on the Institute's website and is subsequently archived there.



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Rob Schachter

The invitation is to make a difference. The challenge is to help the people you manage or clients you serve make the difference themselves. Visit www.RBSconsulting.org to stimulate your thinking and kick-start your action. Your thoughts, ideas and interest are welcome.

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IMPORTANT INFORMATION ABOUT LIOS' NEW ONLINE ALUMNI / STUDENT DIRECTORY

LIOS has responded to your request for an Online Alumni/Student Directory. We have also created an Online Alumni Referral Directory. We receive requests on a regular basis from alumni for contact information for their former classmates. We do not release this information without your permission. If you would like to be in contact with your fellow alumni, we suggest being a part of the following directory.

The Alumni/Student Directory is password-protected and not available to the general public. To register, please go to <http://www.lios.org>, and click on the "Alumni" tab. In the Alumni/Student Directory, click on the home page, then scroll to "Alumni/Student Directory." Click on "Get listed in the Alumni/Student Directory" and follow the instructions. Be sure to check the "yes" box to publish your information online, and then hit "Submit." You will receive your password to the directory within 24-48 hours via email. In order to receive a username and password, you must agree to have your contact information published. You can also use this form to update your contact information with LIOS. Your information will not be published online should you not check the "yes" box.

We also get requests from the general public as well as from our alums for names of LIOS grads who have practices in certain fields. If you are interested in building your practice or clientele, you may be interested in being a part of the Alumni Referral Directory.

The Alumni Referral Directory has an annual fee of \$50. You can pay the \$50 annual fee online with your VISA or MasterCard, or you can send a check made out to LIOS Directories. Mail to Connie Shulman, LIOS, Suite 300, 4010 Lake Washington Blvd., Kirkland, WA 98033.

LIOS ALUMNS: Continue Your Graduate Studies at Saybrook Receive a Tuition Discount on Select Certificates this Fall 2009

With the affiliation of LIOS and Saybrook firmly in place, the form and collaboration continue to emerge. And, as a result, new opportunities for alumni continue to open up. Earlier this year we announced opportunities for LIOS alumni to receive a \$2000 Saybrook PhD Scholarship as well as transfer up to 27 LIOS units/credits into select Saybrook PhD programs (some restrictions apply). Now, we are excited to share two new residential graduate certificate programs: Jungian Studies and Mind-Body Medicine. A 25% discount is being offered to LIOS alumni on a space available basis: The new Mind-Body Medicine Certificate and the Jungian Studies Certificate. Saybrook's certificates allow non-degree students to enhance their education and earn graduate credit.



Dr. James S. Gordon, Dean of Mind-Body Medicine

Saybrook's certificate in Mind-Body Medicine is designed for healthcare professionals who wish to develop their skills and advance their careers. Led by Dr. James S. Gordon, MD, a pioneer in complementary medicine, this certificate can be completed in 12 to 18 months and provides a comprehensive overview of the field of complementary and alternative medicine and alternative therapies and their career applications. Credits earned can subsequently be transferred toward a master's or doctoral program in Mind-Body Medicine.



Dr. James Hollis, Director of Jungian Studies

The Jungian Studies Certificate is a 16 unit program that requires completion of 14 weekend in-person seminars over a two-year period. The in-person seminars take place either at Saybrook's campus in San Francisco, California, or at the Jung Center in Houston, Texas. Each seminar is worth one unit. In addition, a two-unit capstone paper is required. Dr. James Hollis, a licensed Jungian analyst and an author, developed the curriculum that will introduce students to primary Jung materials, concepts, and deepen insight into the processes of both the personal and the cultural psyche. Seminars will also explore key challenges to Jung's ideas and will maintain a critical as well as a hermeneutical perspective on his theory.

For more information on these opportunities, contact Saybrook at admissions@saybrook.edu or at (800) 825-4480.



Have a great July birthday

BEST WISHES FROM
THE LIOS BOARD, FACULTY AND STAFF

Erin Abbey-Allen	Linda Goodrich	Anita Norton
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Donations to date: \$27,696.64

(July 2008 to June 2009)

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future of
LIOS

2009
Fundraising
Campaign



www.lios.org
425.968.3403

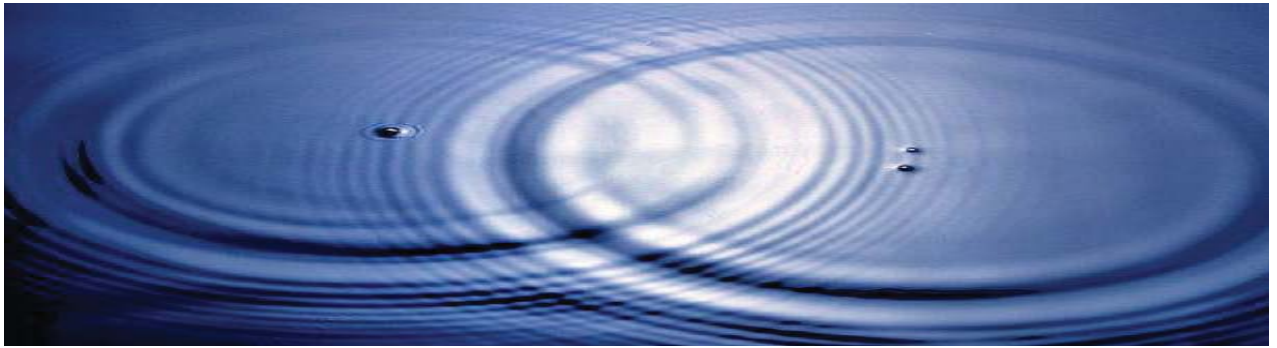
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YOU ARE INVESTING IN THE FUTURE OF LIOS

Thank you for stepping up and investing in the future of LIOS. So far, during the 2009 Fiscal Campaign, you have invested **\$27,696.64**. Because of your generosity, we have already set new fundraising records for LIOS.

If you haven't donated or you wish to donate more, help us reach our second \$100,000 by sending us your donation now, or call me and give me your credit card information: 425-968-3403.

(Collect those travel miles while making your investment.)

Thank you from everyone connected with LIOS—the Board of Directors, Faculty, Staff, current students and future students—for your support and generosity.

You are very much appreciated.

Online Giving Now Available

You can now make your donation to LIOS online by going to our website www.lios.org. Click on Donate Now and you can safely make your donation using your credit card. If you have any questions, please contact Connie Shulman at 425-968-3403 or cshulman@lios.org.

INVEST IN THE FUTURE OF LIOS

Philanthropy is a tradition of giving and sharing that is primary to life.

Name _____

Address _____

Every Dollar Is Important

Amount of gift: ___\$50 ___\$100 ___\$250 ___\$500 ___\$1,000 ___\$2,000 _____ Other

Payment form: ___Check enclosed ___Credit card payment (Visa or MasterCard)

Account Number _____ Expiration Date _____

Authorized signature _____

Please check all that apply ___Alumna/us ___Student ___Faculty ___Staff ___Board ___Friend

Pledge amount \$ _____

This gift will be matched by _____

My gift is in honor of _____ In memory of _____

For gifts of stocks, property, etc., please contact Connie Shulman at 425-968-3403.

LIOS Mission Statement: LIOS promotes healthy, just and sustainable human systems by educating people to live and lead with integrity.

LIOS Core Values: Transformation comes from self-knowledge and a strong grasp of system theory. Integrity means to lead competently, ethically and compassionately. Excellence is the standard toward which our studies of leadership and systems strive.

Please make checks payable to Leadership Institute of Seattle (LIOS). All gifts are tax deductible to the extent provided by law. LIOS is a 501(c)(3) nonprofit organization.

WORKSHOPS, CONFERENCES AND SPECIAL EVENTS

Dear Constellations Community,

We are blessed with a wealth of opportunities to experience and learn Systemic Family Constellations from the very talented facilitators and trainers that live and work in the Northwest. In addition to acknowledging these fine professionals, we would like to also highlight some of the visiting international facilitators and trainers who will be in our area from June through September. Please consider attending their workshops and trainings while they are here.

Mark A. Johnson, Director
Seattle Constellations Institute
www.SeattleConstellations.org

June 19 – 21, 2009 (10-6 all day: Friday, Saturday, Sunday)

Johannes Schmidt, M.A.

Touching the Untouchable

(19 Continuing Education Units)

• Fee: \$450.00

• To register, contact Therese J. Thomas, R.N.,
tjthomas03@yahoo.com / 425-273-6811

July 16 – 20, 2009

Dr. Albrecht Mahr, M.D.

Thursday Evening Demonstration

• To register, contact Ronaye Camren,

www.rhealthbalance.com/ and 425-466-8487

July 24 – 26, 2009

Dr. Albrecht Mahr, M.D.

Organizational Constellations

(Continuing Education Units)

• To register, contact Ronaye Camren,

rhealthbalance@hotmail.com / 425-466-8487

September 11 – 13, 2009 (10-6 all day: Friday, Saturday, Sunday)

Dr. Stephan Hausner, N.D.

workshop: Illness and SOUL

(19 Continuing Education Units; *pending*)

• Fee: \$450 (\$400.00 if paid by Aug. 15th)

• To register, contact Therese Thomas, R.N.,
tjthomas03@yahoo.com / 425-273-6811

DISSERTATION AWARD

\$1000 plus expenses to attend and present at the International Leadership Association's 11th Annual Conference in Prague, Czech Republic, Nov. 11-14, 2009

Submission Deadline: August 15, 2009

The Jepson School of Leadership Studies at the University of Richmond seeks submissions for the 2009 Fredric M. Jablin Dissertation Award. This award was established to honor and celebrate the life of Dr. Fredric M. Jablin (1952-2004). The award will be given annually to a scholar whose dissertation research, while on any topic and from any discipline, demonstrates substantial insights and implications for the study of leadership. In order to be eligible for the award competition, a dissertation must be completed between August 1, 2007 and August 1, 2009.

In partnership with the International Leadership Association, this year's recipient will be honored at ILA's Eleventh Annual Conference, Nov. 11 - Nov. 14, 2009 in Prague, Czech Republic, where the recipient will be asked to present their dissertation research. The recipient of the award will also receive the following:

- * \$1000 cash prize from the Jepson School of Leadership Studies
- * Travel expenses to the ILA conference
- * Complimentary one-year membership in the ILA
- * Complimentary ILA conference registration

All submissions must be received by Aug. 15, 2009. Interested parties should submit a letter of interest, a three-to-five-page abstract of a substantive dissertation chapter (specifically, the chapter that best represents the author's dissertation), a brief biography, and verification of the dissertation defense date (e.g., a letter from the dissertation advisor).

Candidates should e-mail submissions as attachments to jepsonaward@richmond.edu. Please do NOT send the dissertation. The award committee will contact semi-finalists by Aug. 21, 2009, to request a full dissertation chapter. Further information about the Dissertation Award can be found at <http://jepson.richmond.edu/programs/jda/index.html>.

The Jepson School of Leadership Studies at the University of Richmond (<http://jepson.richmond.edu>) is the nation's first undergraduate school of leadership studies. It endeavors to further scholarship and educate students and others for and about leadership through curricula, events and programs. The International Leadership Association is the global network for all those who practice, study and teach leadership. Founded in 1999, the ILA promotes a deeper understanding of leadership knowledge and practices for the greater good of individuals and communities worldwide.

LIOS Alum Mark J. Goodman (Mindfulness-Based Psychotherapy
www.mindfultherapycenter.com) highly recommends
this October retreat with Irene Michon:

Courage to Love

from the inside out

Residential Self-Relations Supervision with Irene Michon

OCTOBER 22-25

Thursday dinner
to Sunday lunch

LOCATION is Willow Pond Lodge on Whidbey Island willowpondlodge.com. We will stay in the Lake House with four bedrooms, four twin beds in each room and a fifth bedroom for the teacher. Willow Pond Lodge is located between Coupeville and Greenbank on fifty acres that overlooks Puget Sound.

COST is \$650 US. This includes lodging and meals. A refund, minus \$25, will be made for cancellations up to 4 weeks prior to supervision. After that, refunds made only if there is someone to fill your space. To register, send \$200 deposit by April 30, \$200 by June 30, and \$250 by September 12: Anne Phillips, 753 N. 35th Street #309, Seattle, WA 98103. Full fee is due September 12th.

Meals provided.

FOR MORE INFORMATION, contact Anne at 206.297.5929 or annelphillips@gmail.com.

This residential training is for therapists, coaches, trainers, managers, and healers interested in gaining more competence in using Self-Relations approaches for professional practice and personal healing. The workshop will include didactic presentation, experiential exercises, group trances/meditations, and ample opportunity for supervision, personal growth and development. A primary focus will be creating a community space for participants to learn, explore and get personal attention.

Self -Relations psychotherapy is a post-Ericksonian approach developed by Dr. Steve Gilligan that includes clinical methods that (1) access the creative unconscious with and without formal trance. (2) connect the creative unconscious to somatic centering processes, and (3) integrate the “Erickson function” of utilizing any process into the client’s cognitive competencies. Self-Relations psychotherapy is a powerful approach that can be applied across many clinical situations. We start from the assumption that each of us is blessed with an indestructible “soft spot” at the core of our being. Violence and neglect may force us to turn away from this center, but it can never leave us. In this view, symptoms are simultaneously (1) a reenactment of how somebody had to leave the center (e.g. a trauma) and (2) a call to return back to the tender soft spot. Self-Relations therapy teaches us the skills by which we bring human presence back to the center in ways that allow experiences to be felt, named, transformed, and expressed.

Irene Michon MA LMHC, is a psychotherapist in private practice in Seattle, WA. She draws from her spiritual meditation practice, 30 years of clinical experience, as well as her well-grounded and practical application of Self Relations theory. Irene assisted Steve Gilligan for fifteen years in Self-Relations supervisions and at his summer hypnosis trainings in San Marcos CA. Irene teaches supervision groups in Seattle that focus on using the techniques of Self-Relations therapy as well as leading residential retreats in both Washington state and Canada. As a teacher she has a wonderful balance between tenderness and fierceness and is very skilled at bringing people into an embodied presence and precisely where they need to be working.

Call for Papers

LEADERSHIP IN CRISIS 8th International Conference on Leadership Dec 7-8, 2009

Hosted by the Centre for Leadership at the
University of Birmingham (CLUB)
www.club.bham.ac.uk

“Crisis” derives from the Greek *krisis*, signalling a time that requires one to decide—*krinein*. A crisis is a turning point or “moment,” not necessarily something to fear, but something which brings about a change in our way of knowing the world. Leadership is often most salient in periods of crisis, whether in the public, private or voluntary sectors; whether political, economic, commercial, environmental or moral; whether in the global credit crisis or the local tensions between those exercising power and those subject to it. What does the academic literature on leadership have to say about such episodes of risk and opportunity? How do accounts of leadership help us understand or reconstruct the landscape within which leaders operate? What insights do academic commentators bring, and fail to bring, to the process of leading in crisis?

Indicative themes for the conference are as follows (please note these are not exhaustive and we welcome a wide range of submissions and imaginative styles of presentation):

Leading in crisis

- Governance, Ethics and Leadership
- Embedding leaders in institutions
- Leading, chaos and complexity
- Public sector leadership in crisis (Education, Health, Local Government, Policing etc.)
- Sense-making, decision-making, meaning-making
- Leading at times of natural and man-made disaster

Leadership theory in crisis?

- Traits and types and stereotypes
- Discourses of leadership and leadership development
- Narrative and leading
- Leading, Politicking and Managing
- Quantitative treatments of leadership
- Leaders, Talk and Leaders’ talk

Please send Abstracts (approx. 300 words) by
Sept. 30, 2009, to y.t.harley@bham.ac.uk

Chair: Professor Chris Mabey (c.mabey@bham.ac.uk)
Academic Coordinator: Dr Kevin Morrell (k.morrell@bham.ac.uk)

Convenor: Lisa Trickett (l.trickett@bham.ac.uk)

Conference Administrator: Yvonne Harley (y.t.harley@bham.ac.uk) *44 (0) 121 414 4956



THOUGHTS ON LEADERSHIP

When leaders make a mistake, they say, "I was wrong."

When followers make mistakes, they say, "It wasn't my fault."

A leader works harder than a follower and has more time;
a follower is always "too busy" to do what is necessary.

A leader goes through a problem;
a follower goes around it and never gets past it.

A leader makes and keeps commitments;
a follower makes and forgets promises.

A leader says, "I'm good, but not as good as I ought to be;"
a follower says, "I'm not as bad as a lot of other people."

Leaders listen;
followers just wait until it's their turn to talk.

Leaders respect those who are superior to them and try to learn something from them;

followers resent those who are superior to them and try to find chinks in their armor.

Leaders feel responsible for more than their job;
followers say, "I only work here."

A leader says, "There ought to be a better way to do this;"
followers say, "That's the way it's always been done here."

~~ Author Unknown

annual conference wmhca 2009

“Healing Trauma Holistically”

- Friday & Saturday, October 2 & 3, 2009 • 8 a.m. – 4:30 p.m. each day (7 a.m. registration/check in)
- Mountaineers Building, 7700 Sand Point Way NE, Seattle 98115
- Two full days, worth up to 14 CEUs — beverages, morning snacks, lunch, and parking included

Friday, October 2, 2009

“Mindfulness: A Way of Being, a Path of Healing”

H. Roksan Biktimir, MBA, LMHC, CTS

Mindfulness is an ancient practice having its roots in Eastern philosophies. In recent years many Western disciplines, including neuroscience, have been exploring a theorized link between mindfulness practice and health. Over the course of this conference, participants will be introduced to mindfulness as a practice.

“Trauma: From Neurobiology to New Meaning”

Sharon Stanley, Ph.D.

In experiences of trauma, we lose our sense of self, purpose, and meaning. The restoration of meaning is the full completion of the transformation of trauma. Rather than simply discharging the residue of trauma, why not transform that energy into new dynamics for life? We will explore neurobiological pathways for embodied psychotherapy to establish higher levels of stability, social engagement, and passion for living.

“Clinical Challenges in Trauma Treatment with Children and Teens”

Janet Brodsky, LICSW

This three-hour workshop will focus on key skills therapists need in order to be effective with children and adolescents as you both navigate the complex terrain of traumatic stress treatment. This will be a working session using specific case examples, multi-faceted “best practice” treatment approaches, and child/teen actors to role play. Come ready to engage!

Saturday, October 3, 2009

“Creativity and Psychotherapy: What you can learn from the masters to become one yourself”

Victor Yalom, Ph.D.

Psychotherapy is an inherently creative enterprise. But instead of a palette and canvas, we have a room and a few chairs, and two or more human beings. Like all artistic endeavors, we need to know our instruments and master some basic skills—but this is only the foundation from which creativity can flourish. Drawing upon his training with his father Irvin Yalom, the late existential-humanistic psychologist James Bugental, as well as over 20 years of clinical experience, Victor will share what he has found to be the most creative and powerful ideas in psychotherapy and will facilitate experiential exercises to help you to cultivate more artistry within your own work.

“Secondary Trauma and How to Reconcile Its Impact”

Laura Van Dernoot Lipsky, MSW

As human beings, we are affected by our surroundings. When exposed to hardship, crises, stressful circumstances, and/or trauma, we try to make sense of what we see, hear, and experience. In this workshop we explore how we are impacted by our society, work, and/or careers. Through a backdrop of systematic oppression and liberation theory, we come to understand the shifts that occur in us personally and professionally and why we adapt the way we do. While respecting the seriousness of the issues at hand, this path incorporates much humor and a profound sense of hopefulness by drawing on a broad base of clinical approaches, social justice theory, and spiritual traditions.

For more information or to register online starting July 3, go to: www.wmhca.org

EMPLOYMENT OPPORTUNITIES

For complete information, including application instructions, please visit the link below each listing. To see all listings visit: <http://www.ila-net.org/Leadership-Jobs/index.asp>.

Assistant Professor of Psychology

Department of Psychology & Sociology
North Georgia College & State University, Dahl-
onega, GA
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1211](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1211)

Director Leadership Education and Development Student Affairs

Georgia Institute of Technology,
Atlanta, GA USA
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1208](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1208)

Full-time Faculty (Asst or Assoc Professor) Organi- zation and Leadership Studies (9 month, tenure-track beginning August 2009)

Leadership Studies, Marian University,
Fond du Lac, Wisconsin
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1207](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1207)

Associate Dean for Student and External Affairs

Jepson School of Leadership Studies
University of Richmond, Richmond, VA
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1216](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1216)

Assistant Professor, Leadership Education

Agricultural Leadership, Education, & Communica-
tions, Texas A&M University College Station, TX
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1224](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1224)

Leadership Education Lecturer/Coordinator

Undergraduate Business Programs ,
Santa Clara University
Santa Clara, California
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1223](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1223)

Leadership Coordinator

Interfaith Youth Core
Chicago, IL
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1222](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1222)

Professor of Leadership and Ethics

Management and Global Business and the Institute for
Ethical Leadership,
Rutgers Business School
Newark, New Jersey
Closing Date: Until Filled
[http://www.ila-net.org/LeadershipJobs/View_Job.
asp?DBID=1221](http://www.ila-net.org/LeadershipJobs/View_Job.asp?DBID=1221)

Program Coordinator for Leader Development & Civic Engagement

Academy for Leader Development & Civic Engagement,
Baylor University Waco, TX
Closing Date: 7/30/2009 [http://www.ila-net.org/Leadership-
Jobs/View_Job.asp?DBID=1220](http://www.ila-net.org/Leadership-Jobs/View_Job.asp?DBID=1220)

SEEKING ENERGETIC & MOTIVATED ASSOCIATE FOR BUSY, MODERN CLINIC- SOUTH SEATTLE:

We are Susan Jones, ND, and Leslie Suggett, L.Ac., both Bastyr graduates who have been practicing for 6+ years in S. Seattle and have created a new clinic called One Earth Natural Medicine. It's new, modern, and located in the downtown core of a growing and vibrant city (Burien). Unfurnished room (90 sq ft) available for Nutritional counseling, Mental Health counseling, Wellness coaching, Ayurvedic Practitioner, etc., but we are open to other possibilities. Also has a large front desk/waiting area, back storage and dispensary room, and a kitchenette. This is a great opportunity for the right person! \$100/day/week, minimum three days a week.

Contact Info: Call 206-838-7704 for Susan or Leslie.
Location Info: Burien, WA (on 152nd St.)



LEADERSHIP INSTITUTE OF SEATTLE HAS MOVED!

**Leadership Institute of Seattle at
Legacy Crown Pointe
4010 Lake Washington Blvd, Suite 300
Kirkland WA 98033
425.968.3400**

**Leadership Institute of Seattle is located near
the southern boundary of Kirkland on
Lake Washington Boulevard near NE 38th Place.**

From the West:

Take SR 520 east, exit at Lake Washington Boulevard NE. Legacy Crown Pointe is a 1/4 mile away on your right (the first right after NE 38th Place). LIOS is located in the 4010 building, on the third floor, in Suite 300.

From the East:

Take SR 520 west, exit at 108th Avenue NE. Turn right onto 108th Avenue. Take the first left on Northup Way. Turn right onto Lake Washington Boulevard. Legacy Crown Pointe is a 1/8 mile away on your right (the first right after NE 38th Place). LIOS is located in the 4010 building, on the third floor, in Suite 300.

From the South:

Take I-405 north, exit at SR 520 west. Exit at 108th Avenue NE. Turn right onto 108th Avenue. Take the first left on Northup Way. Turn right onto Lake Washington Boulevard. Legacy Crown Pointe is a 1/8 mile away on your right (the first right after NE 38th Place). LIOS is located in the 4010 building, on the third floor, in Suite 300.

From the North:

Take I-405 south, exit at SR 520 west. Exit at 108th Avenue NE. Turn right onto 108th Avenue. Take the first left on Northup Way. Turn right onto Lake Washington Boulevard. Legacy Crown Pointe is a 1/8 mile away on your right (the first right after NE 38th Place). LIOS is located in the 4010 building, on the third floor, in Suite 300.

DEADLINES FOR SUBMISSIONS

ITEMS OF INTEREST

Leadership Institute of Seattle
monthly newsletter

Deadline / Publication Date

7/24/09 / 8/4/09

8/21/09 / 9/1/09

9/25/09 / 10/1/09

10/23/09 / 11/3/09

11/20/09 / 12/1/09

12/18/09 / 1/5/10